

MINUTES OF MEETING TERRIGAL WAMBERAL RSL SUB-BRANCH HELD AT THE BREAKERS COUNTRY CLUB SATURDAY 9 DECEMBER 2023

1. OPEN MEETING:

1.1. The meeting was opened by the President commencing at 10:30 am and recited the Ode of Remembrance.

2. CONFLICT OF INTEREST

2.1. The Chair asked if anyone had any conflict of interest regarding the agenda or in general to declare. None was declared.

3. ATTENDANCE:

3.1. There were 27 members present, and 3 apologies.

4. CONFIRMATION OF PREVIOUS MINUTES:

4.1. The Secretary emailed copies of the minutes of the 14 October 2023 meeting and made hard copies available to members at today's meeting. They were accepted as a true and accurate record of the meeting.

Motion 27/23: That the Minutes, as presented, be accepted.

Moved: Michael Tabone Seconded: Motion Carried

5. BUSINESS ARISING FROM THE MINUTES: Nil

6. CORRESPONDENCE:

6.1. The Correspondence Register for November to December was emailed out and copies made available at the meeting.

Motion 28/23: That the Correspondence, as presented, be accepted.Moved: Michael TaboneSeconded:Motion Carried

7. TREASURER REPORT:

7.1. The in the absence of the Treasurer The Secretary presented the report for the month ending November 2023. A copy of the Report is attached.

Motion 29/23: That the Treasurer's Report, as presented, be accepted, and accounts in the Report be passed for payment.

Moved: Howie FortisSeconded: John WiltonMotion Carried

8. PRESIDENT'S REPORT

- 8.1. The President thanked members for attending.
- 8.2. The President provided a brief update on the following:

• Remembrance Day 2023.

- Two successful services at Terrigal Beach & Breakers Country Club.
- Small function was held here at Breakers after the services.
- Central Coast Veterans and Families Hub

- Federal Government funding approved for \$1.7m.
- Location TBC. Support from Central Coast District Council promotion etc
- RSL NSW
 - State Congress key outcomes
 - New Directors President and CEO.
- **Ongoing Governance Training –** Executive & Trustees of our Sub-Branch.
- Mental Health First Aiders Courses- Conducted by Open Arms. I attended a recent 2 day course at Doyalson RSL Club. It was excellent, if there is enough interest, we could host a course here at Breakers.
- Potential Sub Branch Activities:
 - <u>Veteran Ocean Swims</u>: We are now aiming to expand to provide a meeting point for more members to get down to Terrigal Beach for a walk, bike ride or exercise routine. Meet at the TWRSL Sub-Branch Marquee every Thursday at 6:30 am.
 - Frontline Yoga: Reminder to members about the Frontline Yoga Trauma informed Yoga class every Monday at Copacabana Surf Life Saving Club at 6 am. Free for Veterans and a family member. Suitable for all ages and fitness levels.
 - <u>Saltwater Veterans</u> Finally we have made progress on establishing a sailing program and relationship with Gosford Sailing Club. The Sailing Club recently approved the support of a Saltwater Veterans program commencing in 2024. I am working with Scott Reynolds from Saltwater Veterans and David Ferry to gain support across the Central Coast Sub-Branches. Most likely it will involve quarterly sailing events. Further details to follow in the new year.
 - <u>Scuba Gym</u>: In partnership with Lyndi from Scuba Gym we supported an introduction to diving experience at Woy Woy Leisure Centre on 5 Nov 23. It was open to all veterans and their families with about a dozen being involved. Bronte Pollard was our lead on the day. Don't forget the Scuba Warrior program, which enables qualified divers and deckhand volunteers to assist with cleanups around the coast's waterways. will have more details shortly.
 - <u>Association of Veteran Surfers</u>: Phil Overton the President of the Hunter and Central Coast Chapter. AVS is offered free surf lessons with the Nora Head Surf School on Saturday 2 Dec as part of Veterans Health Week. Hoping to develop a relationship in 2024.
 - <u>Deep Sea Fishing Day</u>: I still need an indication of members if they would be interested in participating in this activity in 2024. Plan would also be to offer it to all veterans as a potential way of attracting new members. We would seek funding from RSL NSW and/ or Mounties.

Motion 30/23: That the President Report, as presented, be accepted.

Moved: Howie Fortis Seconded: Luke Hill Motion Carried.

9. OTHER REPORTS:

- 9.1. Pensions Report.
- 9.2. Welfare Report.
- 9.3. **Central Coast District Council (CCDC)**. Peter White advised the next meeting will be on Monday at the Breakers Club.

10.GENERAL BUSINESS

- 10.1. Brief on Christmas Luncheon Tuesday 12 December 2023
- 10.2. Brief on RSL NSW State Congress Outcomes

- 10.3. Update on Veterans and Families Hub Central Coast
- 10.4. Initial Brief on Veterans' Family Day (Bulwarra), Sunday 18 February 2024.
- 10.5. Volunteer for Social and Events Coordinator needed for 2024.
- 10.6. **Wellness Support Officer Vacancy** volunteer still needed.

11. COMING EVENTS

- 11.1. Christmas Luncheon, 12 December 2023
- 11.2. Sub-Branch Office Closedown From Wednesday 13 December reopening on Wednesday 17 January 2024.
- 11.3. Veterans' Family Day (Bulwarra), Sunday 18 February 2024.
- 11.4. Next Monthly General Meeting, 10 February 2024
- 11.5.

12. Other Business.

Next General Meeting will be held on 10 February 2024

There being no further business, the meeting closed at 11:30 am.

Michael Tabone Secretary Scott Warr President

Attachment: 1. Treasurer's Report for November 2023.